

This is to certify that

**Alexandra Thompson**

has successfully completed all modules of the

**Parkinson's**  
**MOOC 2026**

Massive Open Online Course



**Professor Jane Alty**  
Co-lead  
Wicking Dementia Research  
and Education Centre



**Professor Michele Callisaya**  
Co-lead  
Menzies Institute  
for Medical Research

**March 2026**

14 Recommended CPD Hours

Certification that Alexandra Thompson has completed the Parkinson's MOOC from University of Tasmania, in March 2026

### **Introduction to Parkinson's (2 hours)**

- Overview of Parkinson's as a progressive condition
- Brief description of the features of Parkinson's
- Overview of the diagnostic process and risk factors for Parkinson's
- Overview of management strategies for Parkinson's
- The importance of research

### **Symptoms and Signs (3 hours)**

- Movement and non-movement symptoms and signs of Parkinson's
- The Parkinson's diagnostic process
- Adjusting to a diagnosis of Parkinson's
- The different stages of Parkinson's
- The importance of early detection

### **Biology & risk factors of Parkinson's (3 hours)**

- Basic description of the nervous system
- The brain changes associated with Parkinson's
- Environmental and behavioural risk factors for Parkinson's
- Lifestyle and social risk factors for Parkinson's
- Genetic risk factors for Parkinson's

### **Medications and medical interventions (3 hours)**

- Beginning Parkinson's medications
- Medications currently available for Parkinson's management
- Surgical interventions for Parkinson's
- Side effects and managing medications for Parkinson's
- Advanced stage care for Parkinson's

### **Living well with Parkinson's (3 hours)**

- Self-management of Parkinson's signs and symptoms
- Benefits of leisure and sport
- Managing work and responsibilities with Parkinson's
- The importance of friendship and social connection
- Current and future perspectives of Parkinson's research

Certificate No:

96060

